



# ARABELLA

RETIREMENT LIVING

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## **BREAKFAST**

Homestyle Oatmeal  
Fresh-Baked Chocolate Chip Muffin  
A selection of Cold Cereals  
Nutritious Eggs (any style)  
Savoury Bacon  
Assorted Toast  
Yogurt & Fresh Fruit

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## **LUNCH**

Ultimate Potato Bacon Soup  
Potato Crust Quiche & Fresh Green Beans

## **A LA CARTE LUNCH**

Egg Salad, Tuna Salad, Salmon Salad, Ham, Turkey or Beef

**OR**

Garden Salad, Caesar Salad, Greek Salad or Spinach Salad with fruit, vegetables, nuts & cheese

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## **DINNER**

Hearty Minestrone Soup  
Spaghetti & Meat Balls with Caesar Salad

## **A LA CARTE DINNER**

Home made Hamburger, Grilled Chicken Breast, Catch of the Day  
Homestyle Mashed Potatoes

**Build your Sandwich**

**Build your Salad**

Nutritious Eggs (any style)

Fresh-Baked Rolls

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## **DESSERT**

Arabella Oatmeal Brownie